



Orange Belt Test

NAME _____

1. What are the 6 points of kata?
2. What is the Japanese term used for 'stances'?
3. For adults, how many belts are there?
4. What number of Kyu belt are you testing for?
5. What was the original system of Goju Ryu Karate called?
6. Who is Don Warrener?
7. What do the white, Black and Red colours in the Goju Fist Mean?
8. What are the 6 textures of kata?
9. What is the meaning of Sanchin Kata?
10. Why do we step forward at the end of Gekisai Dai Ichi?