



Blue Belt Test

NAME _____

1. What form is known as the 1st tiger form?
2. What is the mystical animal that represents our style?
3. What are Sensei Yamaguichi's 5 key ingredients to kumite?
4. Explain who Sensei Chogun Miyagi was and Sensei Yamaguichi?
5. Write out the student creed.
6. What are the 6 relationships you should show Respect, Compassion and Gratitude for?
7. What does Seienchin mean?
8. Finish this sentence: " _____ is rooted in the _____ and directed by _____".
9. Why is the right hand covered during the opening of a kata?
10. Why do we step back at the end of a kata?